Central Shenandoah Planning District Commission’s Bicycle Pedestrian Committee

In 2004 a group of concerned citizens approached the CSPDC and their local governments with hopes of making their communities more bicycle friendly and safe for all users of the Valley’s roads. The Bicycle Pedestrian Committee of the CSPDC is an advocacy group with representatives from the ten local jurisdictions in the planning district and staffed by the CSPDC.

For the past several years, the committee has raised funds through state grants, local government contributions, bicycle clubs and recreation departments, to develop a bicycle plan and raise awareness about bicycling and walking issues. The group has been instrumental in working with the Virginia Department of Transportation to make improvements such as bicycle lanes, wider paved shoulders and safety signage.

With the growing popularity of bicycling for exercise, recreation, and as a means of transportation, citizens and tourists are looking for safe and convenient roads to bike. Now there is an online resource assembled by riders of the area to help you choose your route whatever your reason for riding, the roads of the beautiful Shenandoah Valley.

The CSPDC’s Bicycle Pedestrian Committee has identified and mapped over 40 on-road bicycle routes connecting the counties of Augusta, Bath, Highland, Rockbridge, Rockingham; the cities of Buena Vista, Harrisonburg, Lexington, Staunton, and Waynesboro, and the 11 towns that lie within. The routes offer a great variety of length and difficulty so that there is something for families and beginners, recreational cyclists, and veteran riders.

Route maps along with turn-by-turn directions, lengths, elevations and other information may be downloaded and printed from the website. Other important information can be found on the website including links to local bicycle clubs and shops, safety tips and rules of the road, bicycle tours and events as well as links to each of the cities and counties in the region.

Welcome To....
The Central Shenandoah Valley's bucolic landscapes, quaint cities and towns, and various historic, natural and cultural resources provide an ideal setting for bicyclists. Bicycling in the region is growing rapidly in popularity, and the Central Shenandoah Valley is increasingly recognized as a bicycle touring destination.

This website accommodates and encourages bicycling in the Central Shenandoah Valley. It offers a comprehensive network of cycling facilities connecting neighborhoods, communities, and key destination points. Enjoy the maps connecting the counties of Augusta, Bath, Highland, Rockbridge, Rockingham; the cities of Buena Vista, Harrisonburg, Lexington, Staunton, and Waynesboro, and the eleven towns that lie within.

Bike on and enjoy!
Sample map and biking directions from one of 43 routes located at www.bikethevalley.org